



Madison West Middleton Rotary Club Foundation REQUEST FOR PROJECT SUPPORT & BUDGET

This is an outline of the Rotary Global Grant #2575099 application for a vocational training team (VTT) project.

Grant Overview and Objectives

Title: Guatemalan Birth Attendant Education Improves Knowledge, Skills & Confidence in Care of Mother and Infant.

Type: VTT project.

This VTT has two main priorities.

- 1) The first priority is providing Helping Mothers and Babies Survive (HMBS) training modules throughout Guatemala. The modules used are Bleeding after Birth Day 1, Essential Care for Labor and Birth, Preeclampsia and Eclampsia, Prolonged and Obstructed Labor, Essential Newborn Care 1 (neonatal resuscitation), and Essential Newborn Care 2 (newborn care for the first week). These training sessions will enhance birth attendants' knowledge, skills, and confidence, to improve maternal and newborn outcomes.
- 2) The second priority is identifying and training Master Trainers and providing them with the necessary equipment to teach other birth attendants. These birth attendants will demonstrate the ability and motivation to educate others in their communities, thus creating a sustainable network of educators for birth attendants throughout Guatemala. There are currently 12 Master Trainers who each have access to one manikin (Mama Natalie), used to teach the Bleeding after Birth Day 1 training module. Important objectives of this project are to increase the number of Master Trainers to 20 and each Master Trainer should have access to two manikins (Mama Natalie and Mama Birthie), which will allow them to provide training of the other five important HMBS modules.

Project Implementation and Training

The project builds on previous successful training efforts.

- The Helping Mothers and Babies Survive (HMBS) educational programs will continue to be utilized.
- Six trips (each trip: two-week duration) are planned to provide structured training sessions.
- Master Trainers will receive equipment for training birth attendants and tablets for ongoing data collection. They will also receive coaching on dealing with teaching challenges, such as managing resistance to change, catering to diverse skill levels, and overcoming fear of failure. They will also learn about challenging situations, effective communication, and collaboration, situational awareness, and clearly defined roles to enhance patient safety and reduce errors.
- Regular refresher training is crucial to ensure retention of knowledge and skills. Ongoing monitoring and evaluation will be used to assess the effectiveness of the training.

Measuring Success and Impact

The project will measure its impact through various metrics related to training and health outcomes.

- Key metrics include the number of health professionals trained and improvements in assessed knowledge and confidence.
- 70% of attendees are expected to show improvement in pre- and post-test scores.
- Qualitative evaluations such as interviews, observations of training sessions, and open-ended surveys may provide important data regarding areas for improvement, specific instructional strategies, or instructor professional development needs.



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Committee Structure and Contacts

The project involves a collaborative committee structure with roles as defined by Rotary for both host and international members.

- Primary Contacts: Gregg Koenigsberger (Host) and Mary Dunn (International).
- Host Committee: Mario Lopez Salguero and Luis Herrera Díaz.
- No conflicts of interest reported among committee members.

Budget and Funding Details

The total budget for the grant is \$313,944.50, with secured funding from various sources.

- Major budget categories include training, equipment, travel, and accommodations.
- Cash contributions secured as of March 15, 2026: \$22,250.00 from Rotary Clubs in US and Canada.
- World Fund money requested to date: \$0.00

Sustainability and Long-term Impact

Sustainability is emphasized through ongoing training and support for Master Trainers and community birth attendants.

- Collaboration with local NGOs and the Guatemalan Training Coordinator ensures continued relevance and support, facilitation of ongoing training, and compliance verification.
- The project is designed for long-term sustainability through a network of Master Trainers.
- Institutional support will be reinforced through agreements with health care institutions and educational bodies.

Data Collection and Technology Utilization

Technology for effective data collection and monitoring will be incorporated into the project.

- Data collection and monitoring will extend beyond the grant period to assess long-term impact.
- Tablets will be provided to Master Trainers for data collection.
- Both quantitative and qualitative data will be gathered at each training session.
- The system ensures secure tracking of Master Trainers and trainees.

Trainer Commitments and Compliance Verification

Master Trainers are committed to conducting regular training sessions to ensure program sustainability.

- Each Master Trainer must conduct at least two training sessions per year.
- Trainings will be verified through demographic data collection and photo uploads with consent.
- Apoyando el Nacimiento Seguro (ANS) will maintain contact with Master Trainers for support to ensure skills remain current after training and to assist in the scheduling of training sessions.
- A networking platform will be developed for Master Trainers to share experiences, seek guidance with issues that may arise, and improve communication with the Ministry of Health personnel.

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Community Needs Assessment and Involvement

Local community needs were identified through collaboration with health institutions and birthing attendants.

- The Ministry of Health in Guatemala highlighted the need to reduce maternal and newborn mortality rates.
- Initial training sessions received positive feedback, leading to the endorsement of the Master Trainer model for scalability.
- Community members, including first responders and midwives, were actively involved in planning the training.

Community Collaboration and Related Initiatives

Working in coordination with local initiatives focused on maternal and newborn health is emphasized

- No current initiatives exist to teach HMBS modules, but future collaborations are welcome.
- Emotional support is integrated into training sessions to address trauma-related issues experienced by participants.

Incentives for Community Participation

Incentives are provided to encourage community members to participate in the training.

- Participants will receive hands-on training with manikins, enhancing their skills and confidence.
- Coffee breaks, snacks, lunch, and transportation costs will be covered for all participants.
- Master Trainers will receive certificates upon completion of their training.

Equipment Maintenance and Community Ownership

A plan is in place for the maintenance and ownership of training equipment.

- Master Trainers will receive training on the care and maintenance of equipment.
- Equipment is selected for durability and minimal dependence on consumables; replacement parts are available
- Each Master Trainer will sign an agreement to maintain equipment and conduct training sessions.

Funding and Financial Sustainability

Plans for ongoing funding and financial sustainability are included in the project.

- Supporting Safe Birth, Inc. (SSB) and ANS will conduct fundraising for any consumable supplies needed.
- No income generation is expected from the project, but local fundraising efforts will support ongoing needs.



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As of December 15, 2025, CONVERSION RATE GTQ/1 USD =7.66

GUATEMALA TRAINING TRIP 1

	US Dollar	Guatemalan Quetzal
HMBS MODULES		
EQUIPMENT & SUPPLIES IN US \$	3,004.12	Q 23,011.56
HMBS MODULES EQUIPMENT & SUPPLIES IN GUATEMALA \$	4,154.73	Q 31,825.23
VTT TRAVEL \$	5,040.00	Q 38,606.40
VTT HOTEL \$	3,714.00	Q 28,449.24
DRIVER, INTERPRETERS & VTT \$	5,084.40	Q 38,946.50
VTT TRAVEL IN GUATEMALA \$	1,715.00	Q 13,136.90
INTERPRETER, COORDINATOR & DRIVER/SECURITY COST \$	3,497.00	Q 26,787.02
TRANSPORT FOR CLASS PARTICIPANTS \$	1,560.00	Q 11,949.60
CLASS PARTICIPANT SUPPLY		
BAGS & CONSUMABLES \$	4,013.09	Q 30,740.27
IMPORTING FEES \$	3,450.00	Q 26,427.00
TRAINING DAYS MEALS \$	3,108.00	Q 23,807.28
MASTER TRAINER EQUIPMENT & SUPPLIES \$	20,060.26	Q 153,661.59
TRIP 1 TOTAL \$	58,400.60	Q 447,348.60

GUATEMALA TRAINING TRIP 2

	US Dollar	Guatemalan Quetzal
HMBS MODULES		
EQUIPMENT & SUPPLIES IN US \$	1,568.90	Q 12,017.77
HMBS MODULES EQUIPMENT & SUPPLIES IN GUATEMALA \$	6,390.66	Q 48,952.46
VTT TRAVEL \$	5,040.00	Q 38,606.40
VTT HOTEL \$	3,795.00	Q 29,069.70
DRIVER, INTERPRETERS & VTT \$	5,084.40	Q 38,946.50
VTT TRAVEL IN GUATEMALA \$	3,995.00	Q 30,601.70
INTERPRETER, COORDINATOR & DRIVER/SECURITY COST \$	4,097.00	Q 31,383.02
TRANSPORT FOR CLASS PARTICIPANTS \$	1,368.00	Q 10,478.88
CLASS PARTICIPANT SUPPLY \$	3,926.37	Q 30,075.99
IMPORTING FEES \$	-	Q -
TRAINING DAYS MEALS \$	3,765.00	Q 28,839.90
MASTER TRAINER EQUIPMENT & SUPPLIES \$	25,013.01	Q 191,599.66
TRIP 2 TOTAL \$	64,043.34	Q 490,571.98
TRIP 1+TRIP 2 \$	122,443.94	Q 937,920.58



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GUATEMALA TRAINING TRIP 3

	US Dollar	Guatemalan Quetzal
HMBS MODULES		
EQUIPMENT & SUPPLIES IN US \$	1,106.01	Q 8,472.04
HMBS MODULES EQUIPMENT & SUPPLIES IN GUATEMALA \$	1,864.90	Q 14,285.13
VTT TRAVEL \$	5,040.00	Q 38,606.40
VTT HOTEL \$	3,795.00	Q 29,069.70
DRIVER, INTERPRETERS & VTT \$	5,084.40	Q 38,946.50
VTT TRAVEL IN GUATEMALA \$	1,715.00	Q 13,136.90
INTERPRETER, COORDINATOR & DRIVER/SECURITY COST \$	4,097.00	Q 31,383.02
TRANSPORT FOR CLASS PARTICIPANTS \$	1,368.00	Q 10,478.88
CLASS PARTICIPANT SUPPLY		
BAGS & CONSUMABLES \$	4,302.24	Q 32,955.16
IMPORTING FEES \$	-	Q -
TRAINING DAYS MEALS \$	3,405.00	Q 26,082.30
MASTER TRAINER EQUIPMENT & SUPPLIES \$	12,361.19	Q 94,686.72
TRIP 3 TOTAL \$	44,138.74	Q 338,102.75
TRIP 1+TRIP 2+TRIP 3 \$	166,582.68	Q 1,276,023.33

GUATEMALA TRAINING TRIP 4

	US Dollar	Guatemalan Quetzal
HMBS MODULES		
EQUIPMENT & SUPPLIES IN US \$	1,106.01	Q 8,472.04
HMBS MODULES EQUIPMENT & SUPPLIES IN GUATEMALA \$	2,210.90	Q 16,935.49
VTT TRAVEL \$	5,040.00	Q 38,606.40
VTT HOTEL \$	3,870.00	Q 29,644.20
DRIVER, INTERPRETERS & VTT \$	5,084.40	Q 38,946.50
VTT TRAVEL IN GUATEMALA \$	1,715.00	Q 13,136.90
INTERPRETER, COORDINATOR & DRIVER/SECURITY COST \$	3,292.00	Q 25,216.72
TRANSPORT FOR CLASS PARTICIPANTS \$	1,368.00	Q 10,478.88
CLASS PARTICIPANT SUPPLY \$	5,099.12	Q 39,059.26
IMPORTING FEES \$	-	Q -
TRAINING DAYS MEALS \$	3,900.00	Q 29,874.00
MASTER TRAINER EQUIPMENT & SUPPLIES \$	10,196.74	Q 78,107.03
TRIP 4 TOTAL \$	42,882.17	Q 328,477.42
TRIP 1+TRIP 2+TRIP 3+TRIP 4 \$	209,464.85	Q 1,604,500.75

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GUATEMALA TRAINING TRIP 5

	US Dollar	Guatemalan Quetzal
HMBS MODULES		
EQUIPMENT & SUPPLIES IN US \$	1,106.01	Q 8,472.04
HMBS MODULES EQUIPMENT & SUPPLIES IN GUATEMALA \$	1,792.51	Q 13,730.63
VTT TRAVEL \$	5,040.00	Q 38,606.40
VTT HOTEL \$	3,870.00	Q 29,644.20
DRIVER, INTERPRETERS & VTT \$	5,084.40	Q 38,946.50
VTT TRAVEL IN GUATEMALA \$	1,715.00	Q 13,136.90
INTERPRETER, COORDINATOR & DRIVER/SECURITY COST \$	4,097.00	Q 31,383.02
TRANSPORT FOR CLASS PARTICIPANTS \$	1,368.00	Q 10,478.88
CLASS PARTICIPANT SUPPLY		
BAGS & CONSUMABLES \$	8,780.70	Q 67,260.16
IMPORTING FEES \$	-	Q -
TRAINING DAYS MEALS \$	3,900.00	Q 29,874.00
MASTER TRAINER EQUIPMENT & SUPPLIES \$	13,222.61	Q 101,285.19
TRIP 5 TOTAL \$	49,976.23	Q 382,817.92
TRIP 1+TRIP 2+TRIP 3+TRIP 4+TRIP 5 \$	259,441.08	Q 1,987,318.67

GUATEMALA TRAINING TRIP 6

	US Dollar	Guatemalan Quetzal
HMBS MODULES		
EQUIPMENT & SUPPLIES IN US \$	1,106.01	Q 8,472.04
HMBS MODULES EQUIPMENT & SUPPLIES IN GUATEMALA \$	1,632.86	Q 12,507.71
VTT TRAVEL \$	5,040.00	Q 38,606.40
VTT HOTEL \$	4,146.00	Q 31,758.36
DRIVER, INTERPRETERS & VTT \$	5,084.40	Q 38,946.50
VTT TRAVEL IN GUATEMALA \$	1,715.00	Q 13,136.90
INTERPRETER, COORDINATOR & DRIVER/SECURITY COST \$	4,097.00	Q 31,383.02
TRANSPORT FOR CLASS PARTICIPANTS \$	1,968.00	Q 15,074.88
CLASS PARTICIPANT SUPPLY \$	8,240.70	Q 63,123.76
IMPORTING FEES \$	-	Q -
TRAINING DAYS MEALS \$	4,296.00	Q 32,907.36
MASTER TRAINER EQUIPMENT & SUPPLIES \$	17,177.45	Q 131,579.27
TRIP 6 TOTAL \$	54,503.42	Q 417,496.20
TRIP 1+TRIP 2+TRIP 3+TRIP 4+TRIP 5+TRIP 6 \$	313,944.50	Q 2,404,814.87